



# YMCA Summer Day Camp Snack Menu July 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Crackers</i> <i>Sliced Cheese</i> <i>Water</i>	2
3	4 <b><i>Closed for 4th of July</i></b>	5 <i>Carrot Sticks</i> <i>Ranch Dressing</i> <i>Water</i>	6 <i>Dry Cereal</i> <i>Apple Juice</i>	7 <i>Sherbet</i> <i>Pretzel Sticks</i> <i>Water</i>	8 <i>Granola Bar</i> <i>Apple Juice</i>	9
10	11 <i>Cookies</i> <i>Milk</i>	12 <i>Chips</i> <i>Apple Juice</i>	13 <i>Fresh Fruit</i> <i>Animal Crackers</i> <i>Water</i>	14 <i>Pop Tart</i> <i>Milk</i>	15 <i>Gold Fish</i> <i>Oatmeal Cookie</i> <i>Water</i>	16
17	18 <i>Chips</i> <i>Cheese Sauce</i> <i>Water</i>	19 <i>Go-Gurt</i> <i>Apple Juice</i>	20 <i>Crackers</i> <i>Sliced Cheese</i> <i>Water</i>	21 <i>Fruit Bar</i> <i>Apple Juice</i>	22 <i>Trail Mix</i> <i>Apple Juice</i>	23
24	25 <i>Sherbet</i> <i>Apple Juice</i>	26 <i>Pretzels</i> <i>Cookies</i> <i>Water</i>	27 <i>Dry Cereal</i> <i>Apple Sauce</i>	28 <i>Chocolate Pudding</i> <i>Milk</i>	29 <i>Chips</i> <i>Cheese Sauce</i> <i>Water</i>	30/31